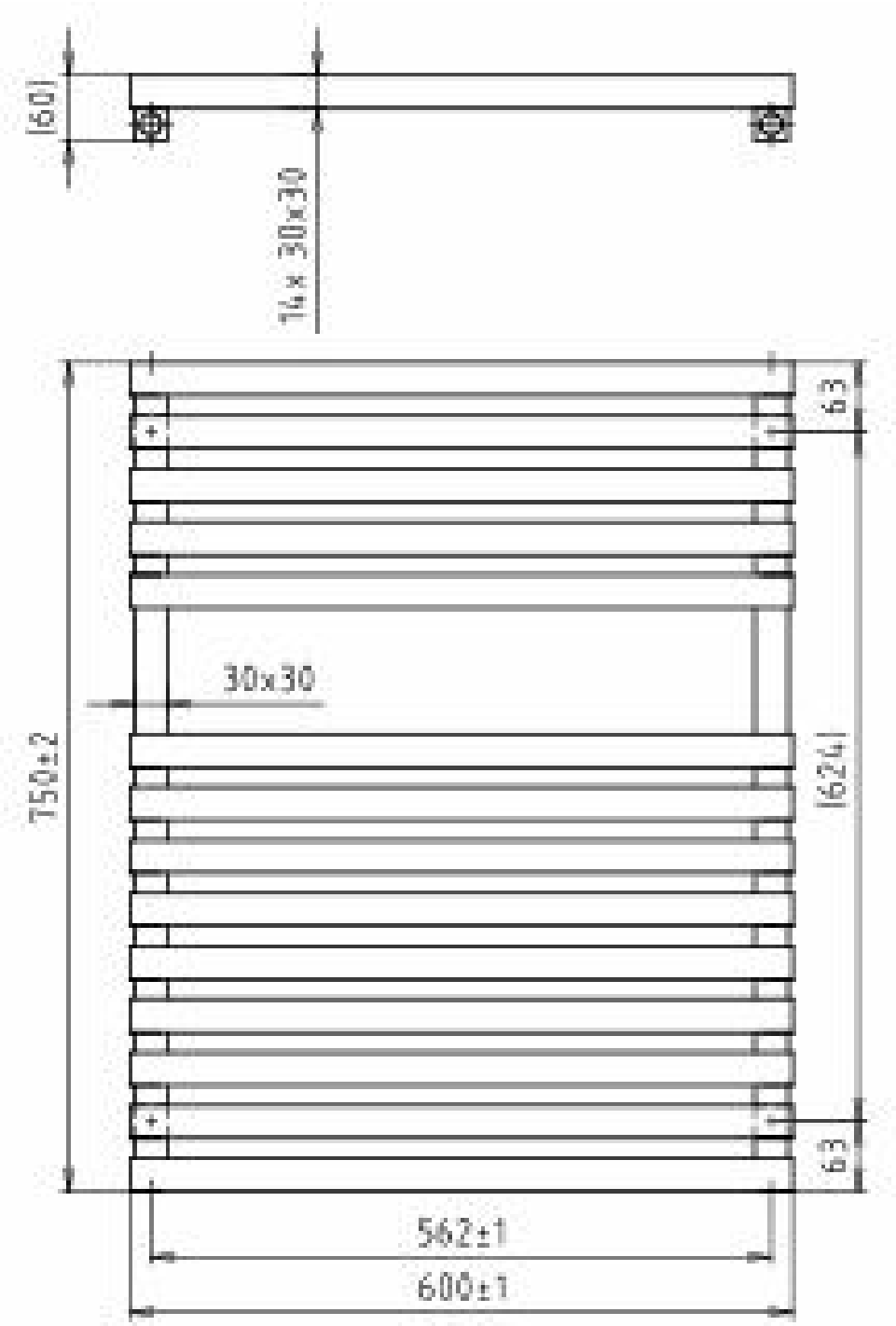Plieger Lugo