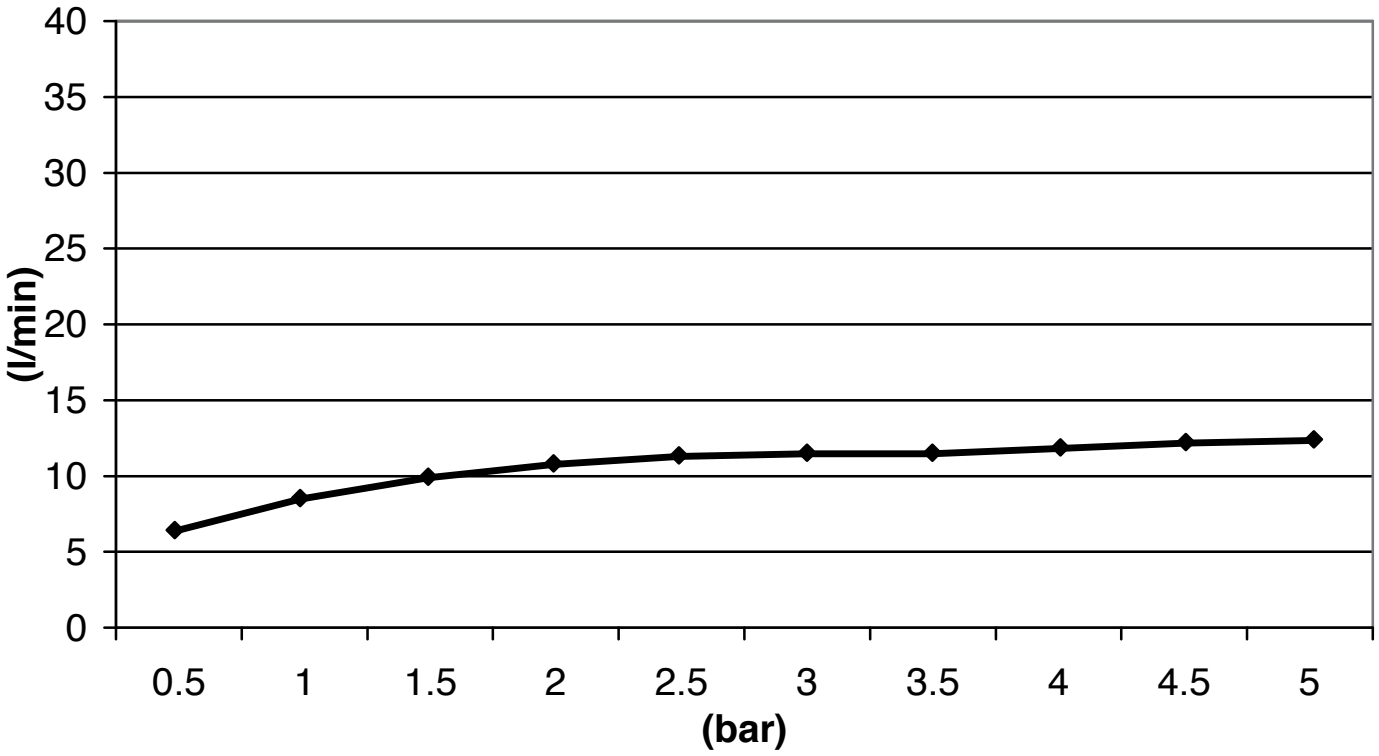Doorstroomtabel M206